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Estoril Portugal XPD Race ::
PAULO CALISTO



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ADVENTURE RACING

Saturday, 14 November 2009, 12:45 PM

Fourth stage brings racers to the geodesic centre of Portugal

By Susana Loio

The Estoril Portugal XPD Race has already covered two thirds out of the 900 Kms track, and teams are having to make major strategic decisions. Title holders are having a hard time keeping up with the the leaders. Tonight's paddle in Castelo do Bode dam may be decisive.

Casualties have not been significant, taking into account the 600Kms that teams have already covered, in a track that is traversing the centre of the country until Saturday. So far, only nine out of the 59 teams that came from 25 different countries to take on this adventure have withdrawn.

After charging through the highlands, teams have come down to the Geodesic Centre of Portugal and they shall be passing through Vila de Rei within the next few hours. Before that, the track - which has alternated trekking sections with long mountain bike hauls - passed through some of the most remarkable landmarks of the North-East Alentejo. This competition is ultimately playing an important role on promoting tourism, by placing mandatory checkpoints in destinations like Castelo de Vide and Marvão.

North-American Team Nike/Beaver Creek are still leading the pack, but a number of other teams are also very well placed to fight for victory - a very demanding paddling section is expected to occur tonight in Castelo do Bode dam. Title holders, Team OrionHealth from New-Zealand, are in fourth place surprised by this Estoril Portugal XPD Race's track. Team leader Wayne Oxenham explains; "The track is very rough and it's impossible to collect all the checkpoints and that has somewhat disturbed our strategy".

Out of the Portuguese and after the withdrawal of Team Aldeias do Xisto, there are still four teams racing. Team Extreme Challenger/IGeoE is 12th and keeps high hopes for a good final result; leader José Marques prefers not to unveil their objective; "We are following our strategy and it's working out fine. We have only slept for a couple of hours since Sunday but feeling well enough to keep the pace and fight for a good final position."

More info at: www.arwc2009.com

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CYCLING

Up and Comers & Olympians Dominate Day One

Olympian Cath Cheatley and rising star Jack Bauer confirmed their class with impressive wins against impressive competition in day one of Christchurch's Armstrong Motor Group Festival of Cycling.
Saturday, 5 December 2009

TRIATHLON

Fresh Choice endorses sponsorship for Southern Lakes Women's Triathlon at Lake Hayes

Sponsorship for the high profile Southern Lakes Women's Triathlon has been confirmed by the new owners of Fresh Choice Queenstown for the next three years, underlining their commitment to supporting the local community.
Friday, 4 December 2009

MULTISPORT

A major multisport challenge for Northland

The Northern Crossing will be a challenging, but achievable, one-day multisport event crossing Northland from the Hokianga to Kerikeri.
Friday, 4 December 2009

CYCLING

Armstrong's RadioShack Full Team List Unveiled

Lance Armstrong's Team RadioShack will make its worldwide debut with a competitive team at the 2010 Santos Tour Down Under in Adelaide.
Thursday, 3 December 2009



TRIATHLON

Foster continues dominance at Stroke & Stride series

The first thing to know about this Christmas edition of the 2XU Stroke & Stride Series is that Brent Foster will win the thing.
Thursday, 3 December 2009



TRIATHLON

Long Distance Triathlon Forges Ahead

Triathlon continues to be one of New Zealand's fastest growing sports* but what is perhaps surprising is the incredible popularity of longer distance races with a number of events reporting significant growth year upon year.
Thursday, 3 December 2009

CYCLING

BikeNZ celebrates 15 World Champions in remarkable 2009

BikeNZ has celebrated an unprecedented year of success by honouring 15 New Zealanders who have won 18 world championships between them in a remarkable 2009.
Wednesday, 2 December 2009



CYCLING

International NZCT women's tour ventures in to the Manawatu

Jorge Sandoval's NZCT Women's Cycling Tour of New Zealand will break new ground in February 2010 when it expands in to the Manawatu region.
Tuesday, 1 December 2009

CYCLING

Roberts Returns As Milram Team Announced

South Australian Olympic gold medalist Luke Roberts will return to