

Dear racers,

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Due to many constraints (financial, logistics and environmental) we decided for 2009 to implement a support scheme more friendly to the teams and to the environment (reducing the number of vehicles on the road). With that idea in mind we decided to allow for a mixed support format to the race: teams with no personal support and teams with personal support.

The basic set of rules for these two solutions are as follows:

Teams with no personal support

For each team the following logistics are provided by the organization:

- Gear boxes (5 items, 20kg max each), Gear bags (2 items, one with paddles/seats/trolley for paddling and the other with rollers/pads/helmets for inline skating, 100 liters max) and MTB (tools, lights and shoes only can be attached on teams responsibility) are transported by the organization staff.
- A team of staff supporters is provided to help these teams at the assistance areas and can process the special requests to the following assistance area.

Teams with personal support (own vehicle or rented*)

- The personal supporters drive the vehicle and are responsible for the gear boxes/bags and MTB's transportation.
- All the expenses with the supporters (ex transport and food) and vehicles (ex tolls and fuel) are teams responsibility.
- All people from the supporting teams must be accredited and must provide their personal contacts to the organization.

In both options:

- The gear boxes/bags and MTB's must be clearly identified (stickers/boards and other identification materials will be provided).
- In each transition area, the available space for each team is proportional to the total area and is identified with the team number (banner(s) or flag(s) are allowed in this strict team's area).
- In all assistance/transition areas, please follow any special instructions from the organization staff.
- In some transition areas the organization may have to transport some specific material for all the teams due to the constraints of the transition area location.

In the Assistance Areas (one for each 24h on average) you'll find:

- The gear boxes,
- The chance to rest in a sport pavilion or in a camping area,
- The chance to buy cooked meals or to use a microwave or a water boiler,
- WC or locker room/showers.

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In Transition Areas (three on average between each assistance areas):

- The teams just pick and/or drop gear,
- Occasionally some of these areas have a small cafeteria or a canteen with WC.

***Rental vehicle with special fee:**

- Teams that contact the organization requesting personal vehicles (vans) can use special agreements with better fees,
- After receiving an email with the confirmation of your reservation, the payment must be done in a week,
- The rental period is from 7th to 14th November,
- From the check-in until the check-out, the team is fully responsible for the vehicle,
- The special requests (more days or different vehicle) may have more expensive fees
- The organization sponsors the rental within these terms, in 250 euro per team (+/- 50% of the average rental cost).

Further information describing the facilities and services available in all the Assistances and Transitions will be posted to help in the preparation of all the race logistics.

A careful selection of staff/volunteers and a special training program will be implemented to improve the efficiency and skills of the Staff Supporters for the Assistance Areas.